



NEEDHAM COMMUNITY STUDENT KINDNESS PROJECT

Kindness in Action

- Receive community service hours by performing simple acts of kindness, keeping a log and turning it
- You will receive 2 hours of credit for each hour of kindness
- You must complete at least 10 hours (5 individual acts or 5 hours on one project) and return the Kindness log and statement for community service credit
- **YOU CANNOT BE COMPENSATED BY THE PERSON YOU HELPED. That would be a job and not an act of kindness.**

Notify Your Neighbors, family, and family friends... or...Think outside the box:

- Shoveling/salting, dump runs, yard cleanup, walking pets, garage cleanup, weeding/gardening, grocery store/errand runs, IT support, weekly phone calls/zoom calls to visit and check-in, send a care package to someone.
- Parents may assist in driving:)
- Having trouble finding a recipient? After a preapproval process there will be a limited number of opportunities through the Council on Aging. To be included in these opportunities, please submit a letter of reference and written request for an interview. If approved, your name and contact info will be among those supplied to Seniors who may need assistance. Approval does not guarantee a position. It is dependent on current needs and the choices of the seniors. There is no required placement order.

Upon completion of at least 10 hours of service you may Email- [**jlambert@needhamcommunitycouncil.org**](mailto:jlambert@needhamcommunitycouncil.org) at The Needham Community Council to submit the documentation of your hours. This should include your Kindness Log & Statement



NEEDHAM COMMUNITY KINDNESS LOG

A well written log must be completed for each individual act of kindness and turned in to receive community service credit.

Student Name: _____

Email: _____

Address: _____

Phone: _____ School: _____ YOG _____

Signature: _____ Parent Signature: _____

Date of Kindness Time in-Time Out

Name of Person Helped: _____

Relationship: _____ Email: _____

Address: _____ Phone _____

Act of Kindness (please describe): _____

1. Explain how you knew your help was appreciated.

2. What could you have done to make this act of kindness even more special?

3. How did you this Act of Kindness make you feel? Explain
