Advanced Care Planning Resources

A comprehensive list of various dementia-specific advanced care planning resources intended to be utilized by people living with dementia, their care partners, and their care team.

For people living with dementia and their care partners

RESOURCE, DESCRIPTION, AND WEBSITE
National Academy of Elder Law Attorneys (NAELA) This site from the *National Academy of Elder Law Attorneys* provides information and consumer resources about legal planning. It includes a tool that allows individuals to find and contact Elder Law Attorneys within their community. **Website:** https://www.naela.org
Safety Assessment, Guide, and Checklist This toolkit from the *Alzheimer's Association* provides checklists and guides relating to the safety of an individual with dementia. This includes driving, managing medications, and home safety. **Website:** https://www.alz.org/help-support/caregiving/safety
For Caregivers of People with Alzheimer's or Other Forms of Dementia This toolkit from the *Conversation Project* and the *Institute for Healthcare Improvement* provides a guide for care partners to help approach the conversation about care planning with those living with dementia. It includes templates and scales to facilitate conversation.

Website: https://theconversationproject.org/wp-content/uploads/2020/12/DementiaGuide.pdf

Get Palliative Care: Dementia and Palliative Care

This website from *Get Palliative Care* provides information about palliative care and dementia, including when one can start palliative care and how it can benefit that individual. In addition, it includes a Palliative Care Provider Directory for people to search for a provider in their area.

Website:https://getpalliativecare.org/whatis/disease-types/dementia-palliative-care/

In-Home Care

This website from the *Alzheimer's Association* provides information about the various types of in-home care options for those who live with dementia. In addition, there are links to finding local care and how to choose a care provider.

Website: https://www.alz.org/help-support/caregiving/care-options/in-home-care

Planning for the Future After a Dementia Diagnosis

This toolkit from *Alzheimer's.gov* provides comprehensive information and guidance on housing, healthcare, financial, and legal decisions for those living with dementia. Included are the varying decisions about care and the differences between each one can choose.

Website: https://www.alzheimers.gov/life-with-dementia/planning-after-diagnosis

Living with Dementia: Planning for your Health Care

This resource from the *National Alzheimer's and Dementia Resource Center and the Administration for Community Living* provides healthcare decision-making resources to plan for future care.

Website:
https://pblob1storage.blob.core.windows.net/public/nadrc/docs/Health%20Care%20(standard).pdf

Dementia Directive

This directive from *Dementia Directive* describes the need for and importance of documenting one's wishes and provides a directive form for individuals with dementia to complete.

Website: **https://dementia-directive.org**

Living with Dementia: Financial Planning

This resource from the *National Alzheimer's and Dementia Resource Center and the Administration for Community Living* provides financial decision-making resources to plan for future care.

Website:
https://pblob1storage.blob.core.windows.net/public/nadrc/docs/Finances%20(standard).pdf

Massachusetts Coalition for Serious Illness Care – What is POLST?

POLST (Physician Orders for Life-Sustaining Treatment) is part of advance care planning intended for people who are seriously ill or who have advanced frailty. It starts with a conversation between the patient and their health care provider regarding the patient's medical condition, treatment options, and what the patient wants for care, and can lead to transferring patient treatment choices onto the POLST form.

Website: **https://www.maseriouscare.org/what-we-do/collaborative-partnerships/molst-to-polst/faqs**

Living with Dementia: Planning for Your Care

This resource from the *National Alzheimer's and Dementia Resource Center and the Administration for Community Living* provides information about various types of housing and care options for people with dementia to plan for their future.

Website:
https://pblob1storage.blob.core.windows.net/public/nadrc/docs/Care%20Planning%20(standard).pdf

Care Plans Help Both Older Adults and Caregivers

This toolkit from the *Centers for Disease Control* provides information about maintaining a care plan for those with dementia, including complete care plan and daily care plan forms available free for downlead. It also includes resources on caregiver health.

Website: https://www.cdc.gov/caregiving/guidelines/index.html

Legal and Financial Planning for People with Dementia

This toolkit provided by the *National Institute on Aging* includes information on legal, financial, and healthcare planning for those with dementia. Information and details about planning documents are described, as well as additional resources.

Website: https://www.alzheimers.gov/life-with-dementia/planning-after-diagnosis

Dementia Care Planning

This toolkit from the *Alzheimer's Association* offers resources on cognitive assessment and care planning. It provides information on Current Procedural Terminology (CPT) codes and service elements of CPT code 99483.

Website: https://www.alz.org/professionals/health-systems-medical-professionals/care-planning

End-of-Life Decisions

This toolkit from the *Alzheimer's Association* provides guidance for end-of-life care including treatment options, resolving family conflicts, and related terminology definitions.

Website: https://www.alz.org/getmedia/14b56a2c-e2bd-4a13-a79c-5a71db2501f6/brochure-endoflifedecisions.pdf

24/7 Wandering Support for a Safe Return

This site from the *Alzheimer's Association* provides information about a nationwide response service for returning someone living with Alzheimer's Disease to their residence.

Website: https://www.alz.org/help-support/caregiving/stages-behaviors/wandering

Financial and Legal Planning for Caregivers

This website from the *Alzheimer's Association* provides a comprehensive overview of financial and legal topics relating to caring for someone living with dementia such as planning for care costs, paying for care, insurance, Medicare, legal planning, and more.

Website: https://www.alz.org/help-support/caregiving/financial-legal-planning

Signs Your Parent May Need Assisted Living

This website from the *Elder Care Alliance* provides guidance on what signs to look for in your loved one that may indicate they are ready to move into assisted living or memory care.

Website: https://eldercarealliance.org/blog/signs-your-parent-may-need-assisted-living/

Supporting Someone Living with Dementia in Making Decisions
This guide from the *National Alzheimer's and Dementia Resource Center and the Administration for Community Living* provides recommendations for those helping care for a person with dementia including providing support for healthcare, financial, legal, and other types of decision making.

Website:
https://pblob1storage.blob.core.windows.net/public/nadrc/docs/Supporting%20Someone%20(standard).pdf

Area Agencies on Aging
This page from *Eldercare Locator* describes the Area Agencies on Aging and provides Searchable Database to find an individual's local chapter. Additionally, it provides information on the Aging Network and Long-Term Care Planning.

Website: https://eldercare.acl.gov/home

Your State's Advance Care Directive and Living Will Information
This site from *Compassus* provides every state's living will or advance care directive form. It also provides information for care partners/caregivers about palliative and hospice care.

Website: https://www.compassus.com/for-caregivers/advance-directive-forms-for-every-state/

The Alzheimer's Association
A non-profit organization dedicated to promoting research, providing education and support services, online and in-person programs.

Website: https://www.alz.org