HELPFUL DEMENTIA RESOURCES

ORGANIZATIONS:

- **Massachusetts Alzheimer's Disease Research Center**
  - Research center funded by the National Institute on Aging; provides dementia research, treatment, and care
  - https://www.madrc.org

- **Alzheimer's Association**
  - Focused on supporting individuals living with Alzheimer's disease and other dementia, as well as their care partners; funding research to advance treatment
  - https://www.alz.org

- **Brigham and Women's Center for Brain/Mind Medicine Resource Guide**
  - Reference guide
  - https://cbmm.bwh.harvard.edu/wp-content/uploads/2022/11/CBMM-Resource-Guide-2nd-Edition.pdf

- **The Wolk Center for Memory Care**
  - Provides comprehensive outpatient care related to brain health, cognitive and behavioral problems, and memory loss, whether due to Alzheimer's disease or other dementias
  - https://www.hebrewseniorlife.org/services/health-care/wolk-center-memory-health

- **Jewish Family & Children's Service (JF&CS)**
  - Provides information and referral services, home and community supports, and support for caregivers.
  - https://www.jfcsboston.org/our-services/services-for-older-adults
  - Senior Direct – a free information and referral service staffed by eldercare professionals from JF&CS who will take the time to understand your questions and connect you and your family with the resources and expert advice you need.

- **The Association for Frontotemporal Degeneration (AFTD)**
  - Information on FTD, support resources, research updates, webinars, and support groups for people with FTD and their caregivers.
  - https://www.theaftd.org/

- **Lewy Body Dementia Association (LBDA)**
  - Offers both in-person and virtual support groups, webinars, resources, education, and publications.
  - https://lbda.org/

- **Room 31 Project Hope**
  - Provides comprehensive support for families including downloadable planning tools, emotional support guides, and advocacy resources.
  - https://www.room31.org/

- **Brain Support Network (BSN)**
  - Provides comprehensive support for families including educational materials and support groups.
  - https://www.brainsupportnetwork.org/

- **Lewy Body Roller Coaster**
  - Podcast
  - https://www.iheart.com/podcast/269-lewy-body-roller-coaster-71560951/

- **The Duke Family Support Program**
  - Offers free education and webinars for families and caregivers
  - https://dukefamilysupport.org/

ADULT DAY PROGRAMS:

- **The Julia Ruth House**
  - 199 Canton Street, Westwood, MA
  - (781) 251-3393
  - https://thejuliaruthhouse.com/

- **Better Day Adult Social Day Program**
  - 195 Reservoir Street, Marlborough, MA
  - (508) 481-0809
  - https://betterdayprogram.org/

- **The Franklin Senior Center – The Sunshine Club**
  - 10 Daniel McCahill Street, Franklin, MA
  - (508) 520-4945
  - https://www.franklinma.gov/587/Dementia-Alzheimers

- **Elder-Well Adult Day Program**
  - 12 Washington Street, Natick, MA
  - (508) 655-2536
  - https://elderwelladultday.com/

- **Rogerson Adult Day Health Program**
  - 23 Florence Street, Roslindale, MA
  - (617) 469-5829
  - https://www.rogerson.org/adult-day-health-programs/